

## Health and Wellbeing projects and activities FUNDING APPLICATION

### 1. Applicant:

Name	Deo Gurung
Organisation	Tidworth Nepalese Community
Address	Gurkha Variety Store, 21 Station Road, Tidworth, SP9 7RN
Phone number	07737134514
Email address	gurung.deo@hotmail.com

### 2. Amount of funding required from the Area Board:

£0 - £1000	X
£1001 - £5000	
Over £5000 (please note – our grants will not normally exceed £5000)	

### 3. Are you applying on behalf of a Parish Council?

Yes	
No	X

### 4. If yes, please state why this project cannot be funded from the Parish Precept?

### 5. Project title?

### 6. Project summary: (100 words maximum)

1. Isolated & older people trip to London for Nepalese community
2. Education for isolated and older people to help with everyday life (eg. Reading bus timetables, making doctors appointments etc)

### 7. Which Area Board are you applying to?

### 8. What is the Post Code of the place where your project is taking place?

**9. Please tell us which themes best describe your project:**

<input checked="" type="checkbox"/> Intergenerational projects	<input type="checkbox"/> Heritage, history and architecture
<input checked="" type="checkbox"/> Older People Support/Activities	<input checked="" type="checkbox"/> Inclusion, diversity and community spirit
<input type="checkbox"/> Carers Support/Activities	<input type="checkbox"/> Environment, recycling and green initiatives
<input type="checkbox"/> Promoting physical and mental wellbeing	<input type="checkbox"/> Sport, play and recreation
<input checked="" type="checkbox"/> Combating social isolation	<input type="checkbox"/> Transport
<input checked="" type="checkbox"/> Promoting cohesive/resilient communities	<input type="checkbox"/> Technology & Digital literacy
<input type="checkbox"/> Arts, crafts and culture	<input type="checkbox"/> Other
<input checked="" type="checkbox"/> Safer communities	

If Other (please specify)

**10. About your project**

**Please tell us about your project (a strong application will address all of the following):**

How does your project support local needs and priorities?

Tackling social isolation was voted as one of the key priorities by the community at the Our Community Matters, JSA event in November 2017. The Nepalese Community of the Tidworth Community Area have been working with local community groups, the police, Caastle Practice GP Surgery etc to help tackle this in our part of the community. We are two areas that we would like to cover in this project:

1. A day trip to London for isolated and older people who have rarely left the Tidworth area. We want to show England's capital, to help give a greater understanding and sense of identity to this country.
2. We want to provide some basic educational lessons that will help give advice on applying for bus passes, book doctors appointments, using the post office etc

How many people do you expect to benefit from your project?

We have identified 61 isolated older people that we would like to work with and who have said that they would be working with us.

How will you encourage volunteering and community involvement?

The Nepalese community has 11 volunteers who have come forward to work on this project, and we hope this to grow. We have been working with many other local community groups to ensure that there is wider inclusion of life, for our older isolated community members, beyond our own Nepalese community.

How will you ensure your project is accessible to everyone (for example: people living with a disability or on low incomes, or vulnerable, or socially isolated etc.)?

This project will be open to the 61 older and socially isolated individuals that we have already identified and if any come forward then we would welcome working with them as well.

How will you work with other community partners?

Working with community partners is key to our integration work with the older and isolated members of the Nepalese community and we have already been working with numerous partners to ensure that the Nepalese community is actively participating in the everyday life of Tidworth.

## 11. Safeguarding

**Please tell us about how you will protect and safeguard vulnerable people in your project (You must address all of the following):**

- Please provide evidence of your commitment to safeguarding and promoting the welfare of older/vulnerable people and their carers.
- How do you make sure staff and volunteers understand their safeguarding responsibilities?
- Who in your organisation is ultimately responsible for safeguarding?

Safeguarding is very important to us, because of the vulnerabe people w e work w ith. Wiltshire Council's Ian Clark came and delivered a safeguarding training session to 12 volunteer members of the Nepalese community and we w given a certificate to show that we had completed the training.

## 12. Monitoring your project.

**How will you know if your project has been successful? \*required field**

We want to see more people from the Nepalese community confident enough to take part in the numerous act and events that are available in our local area.

## 13. If your project will continue after the Wiltshire Council funding runs out, how will you continue to fund it?

The trip to London is a one off expense and would not require additional funding. The education element of the applic be an ongoing task until all of the socially isolated Nepalese community are confident enough to do the everyday tasks you and I take for granted. This will be made to happen with the volunteers that will work on the project.

## 14. If this application forms part of a larger project (eg a community navigation project), please state what this project is and approximately how much the overall project will cost

n/a

## 15. Finance:

**15a. Your Organisation's Finance:**

**Your latest accounts:**

**Month April 2018**

**Total Income:**

£ 4942

**Total Expenditure:**

£ 1388.42

**Surplus/Deficit for the year:**

£ 3553.58

**Free reserves currently held:**

**(money not committed to other projects/operating costs)**

£ 0

**Why can't you fund this project from your reserves:**

The funding we hold in reserve has been earmarked for other various cultural activities throughout the year, that will address social isoaltion and community cohesion for the Nepalese community.

We are a small community group and do not have annual accounts or it is our first year:

**15b. Project Finance:**

Total Project cost £ 1500

Total required from Area Board £ 1000

**Expenditure      £                      Income                      £                      Tick if income confirmed**

NB. If your organisation reclaims VAT you should exclude VAT from the expenditure  
(Planned project costs [help](#))  
(Planned Income [help](#))

Coach Hire	1000	Member contribution	500	<input checked="" type="checkbox"/>
Hall Hire & Refreshments	500	Area Board Grant	1000	<input type="checkbox"/>
				<input type="checkbox"/>
				<input type="checkbox"/>
				<input type="checkbox"/>
				<input type="checkbox"/>
				<input type="checkbox"/>
				<input type="checkbox"/>
				<input type="checkbox"/>
				<input type="checkbox"/>
<b>Total</b>	<b>1500</b>	<b>Total</b>	<b>1500</b>	

16. Have you or do you intend to apply for a grant for this project from another area board within this financial year? \*required field

- Yes  
 No

17. Please list which area boards you are intending to apply, including this one (You can apply to a maximum of 3 Area Boards for the same project in a financial year) \*required field, if Yes to Q11.

Tidworth

## 18. DECLARATION

**Supporting information - Please confirm that the following documents will be available to inspect upon request (You DO NOT need to send these documents to us):**

### Quotes:

- I will make available on request 1 quote for individual project costs over £500 & 2 quotes for project costs over £1000 (Individual project costs are listed in the expenditure section above)

### Project/Business Plan:

- For projects over £50,000: I will make available on request a **project or business plan** (including estimates) for projects where the **total project cost** (as declared in the financial section above) exceeds £50,000 (tick only when total project cost exceeds £50,000).

### Accounts:

- I will make available on request the organisation's **latest accounts**

### Constitution:

- I will make available on request the organisation's Constitution/Terms of Reference etc.

### Policies and procedures:

- I will make available on request the necessary and relevant policies and procedures such as Child Protection, Safeguarding Adults, Public Liability Insurance, Access audit, Health & Safety and Environmental assessments.

### Other supporting information (Tick where appropriate, for some project these will not be applicable):

- I will make available on request evidence of ownership of buildings/land
- I will make available on request the relevant planning permission for the project.
- I will make available on request any other form of licence or approval for this project has been received prior to submission of this grant application.

**And finally...**



I confirm that the information on this form is correct, any award received will be spent on the activities specified.